



— SPRINGFIELD —  
**CATHOLIC**  
— HIGH SCHOOL —

**Course Catalog**  
**2026-2027**

# SPRINGFIELD CATHOLIC HIGH SCHOOL

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## Springfield Catholic Mission

Springfield Catholic Schools prepares and empowers students, in an atmosphere of academic excellence, with God's help, to be sent forth as disciples of the Catholic faith and models of service.

### **Our Vision**

Springfield Catholic High School educates today's youth for tomorrow's discipleship.

## Introduction

Springfield Catholic High School challenges its students to grow in faith, to prepare to become responsible members of a global community, and to acquire the skills and knowledge necessary to continue to higher education. The curriculum has been carefully designed to challenge, direct, and encourage within the context of a caring Christian community. The academic program consists of core courses required of all and a variety of electives from which students may choose based upon their individual talents, interests, and goals for the future.

This catalog provides information about all course offerings. The process of scheduling classes is one of the most important things you and your student will do over the next four years. When reviewing your student's schedule carefully consider all available course options and assist your student in making choices that are best for him/her.

Please feel free to contact Mrs. Lacey Busick, Academic Counselor A-L at [Lbusick@scspk12.org](mailto:Lbusick@scspk12.org) or (417) 887-8817 x 014 or Mrs. Bridget Tribby Academic Counselor M- Z at [btribby@scspk12.org](mailto:btribby@scspk12.org) or (417) 887-8817 x 028.

Below are some important policies and scheduling suggestions to be aware of as you make scheduling choices.

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## Advanced Placement (AP) Policy

Springfield Catholic High School believes that all “willing and academically prepared” students should be given access to college level classes (College Board). This policy agrees with the College Board's national policy that governs all AP classes. This policy also agrees with our Catholic School policy that guarantees equal opportunities for all students.

The Springfield Catholic High School AP program offers students exposure to college level material that is academically challenging. It asks students to challenge themselves and to develop an academic discipline that will afford them success both now and at the college level.

**\*\*NOTE:** There will be limited sections of AP courses. If actual enrollment exceeds class capacity, students requesting a specific AP course will be chosen on the basis of the following criteria: faculty recommendation, PSAT test scores, GPA and previous year attendance.

Students interested in taking AP classes should be

- motivated
- creative and innovative in their thinking
- able to develop effective time management skills
- willing to learn skills that allow them to critically evaluate information
- willing to challenge themselves
- carry a C+ average or higher in the corresponding discipline (English-AP English)
- plagiarism in an AP class is grounds for an automatic transfer to the non-AP course

Sophomores can take no more than 2 AP classes. It is recommended that juniors and seniors take no more than 3 AP classes a year.

## A+ Scholarship Program

This program provides scholarship funds to eligible graduates of A+ designated high schools who attend a participating public community college or vocational/technical school, or certain private two-year vocational/technical schools. If interested it is important to see Mr. Page as early as your freshman year.

To become eligible for A+, each student must:

1. Sign a letter of intent to participate in the program prior to or during the last three (3) years of high school.
2. Attend Springfield Catholic High School or another A+ designated school for three (3) consecutive years prior to high school graduation.
3. Graduate from high school with a cumulative grade point average of two and five-tenths (2.5) points or higher on a four (4) point scale, or graduate from a high school with documented mastery of institutionally identified skills that would equate to a two and five-tenths (2.5) grade point average or higher. (SCHS uses a 4.0+ scale, so the GPA is adjusted to remove weight from weighted grades.)
4. Have at least a ninety-five percent (95%) attendance record for a four (4) year period immediately prior to graduation.
5. Perform a total of fifty (50) hours of unpaid tutoring or mentoring. Of the 50 hours of tutoring, 12.5 can be approved shadowing hours. Confirm details with Mr. Riley.
6. 50 hours of tutoring can be achieved over the summer through SPS Launch.
7. Maintain a record of good citizenship and the avoidance of the unlawful use of drugs/alcohol.
8. Apply for any non-repayable federal tuition assistance before requesting A+ Student Financial Incentive assistance by filling out the Free Application for Federal Student Aid (FAFSA) during the last semester of senior year before May 1.
9. Register for Selective Service (for Males 18 and over). To register go to <http://www.sss.gov/> .

## Dual Credit

SCHS offers dual credit options for SCHS students. A dual credit course is a college course taken by a high school student for which the student is awarded both college and high school credit. There is a cost for taking a dual credit course that is billed through the cooperating college.

### **Difference between Dual Credit courses and Advanced Placement (AP)?**

Both courses are taught at the college level. However, college credit is awarded for advanced placement courses only upon completion of a single assessment test. In addition, different cut scores are required by different institutions for credit in these courses. Dual credit courses earn college credit in the same manner as any other college course – through satisfactory performance on such assessments as quizzes, tests, and homework assignments.

## Individual Service Plan/Individual Education Plan Process

Springfield Catholic High School strongly suggests that students with an ISP/IEP have their schedule reviewed by an academic counselor to ensure students are scheduled into appropriate classes.

## Course Selection Process

1. Read the Course Catalog carefully. Note the requirements that apply to you and the various courses, activities, and programs in which you might participate.

2. Complete the preliminary Course Selection paper copy and get signed by a parents. Next we will meet as a small group to fill out the Google form with the link provided via email.
3. Meet with an Academic Counselor during your designated scheduling week.
4. Verify on the Google form that you have approval from your parent/guardian about your Course Selection.
5. Consult with your teachers if you have a question about the next course to take in a subject area.
6. Submit the Course Selection Google form by the deadline.
7. Courses requiring “faculty approval” will be verified by academic counselors.
8. Taking more than 3 AP courses in one year requires permission from an academic counselor.

## Schedule Change Policy

Schedule changes cannot be guaranteed once students have requested their preferred courses. The master schedule is built on the basis of student choices of courses; therefore, class size and arrangement of time periods for courses can prohibit possible changes. A schedule change may be requested during the first 4 class days of the semester. The student must follow established school procedures and course changes will depend on space availability.

Schedule changes may be made only for sound academic reasons and are an exception, not the rule. Requests will not be considered until the Schedule Change Request Form is filled out completely, signed by the designated persons and submitted to the counseling department. Schedule changes will only be made for the following reasons and must be approved by the administration:

1. The student needs to enroll in a required class to meet graduation requirements.
2. The student is enrolled in a class for which he/she has already received credit.
3. The student has not met the prerequisites for the class.
4. The student has an incomplete schedule.
5. The teacher recommends a student move to a different course that matches their academic needs.

The following reasons do not qualify a student for a schedule change:

- Teacher preference
- Personality conflicts
- Workload
- Desire to maintain a high GPA
- Desire to be with friends.

Students are asked to follow their present schedule and complete any assignments/assessments until their request for a change has been fully processed by the counselor and an administrator.

Department Heads:

Art – Mrs. Jones  
Band- Mr. Austin Weiss  
English and Language Arts – Mr. Russo  
Foreign Language – Ms. Plaster  
Health and P.E. – Mr. Riley  
Math – Mrs. Samala  
Music- Ms Kernsvaal.  
Practical Arts – Mrs. Sweeney  
Science – Mr. Jeff Stratton  
Social Studies –Mr. Camey

## Grading Scale

Letter Grades	Percent	Point Value
A	93-100	4.00
A-	90-92	3.66
B+	87-89	3.33
B	83-86	3.00
B-	80-82	2.66
C+	77-79	2.33
C	73-76	2.00
C-	70-72	1.66
D+	68-69	1.33
D	66-67	1.00
D-	65	0.66
F	0-64	0.00

## Course Weights

**Weighted Courses:** Weighted courses are designed to challenge students who have demonstrated a high level of academic aptitude and achievement. Students should be willing to commit to considerable independent study. Weighted courses are given additional 0.70 weight to GPA.

**Advanced Placement (AP) courses:** Many colleges allow credit and/or placement for AP courses. A national AP test is offered in May in a variety of subject areas. Scores are reported on a 1-5 scale; students who score a 3, 4, or 5 usually receive college credit, but individual college policies must be consulted. Specific Advanced Placement (AP) courses are offered at Springfield Catholic High School. Advanced Placement Courses are given 1 additional point to GPA. It is the recommendation of the SCHS administration that a student take no more than 3 AP courses in one academic year. NOTE: Students in courses with AP in their title MUST take the class final. The College Board AP Examination is optional.

**\*\*NOTE:** There will be limited sections of AP courses. If actual enrollment exceeds class capacity, students requesting a specific AP course will be chosen on the basis of the following criteria: faculty recommendation, PSAT test scores, GPA and previous year attendance.

<b>Weighted Courses</b> 0.70 extra grade point	<b>Advanced Placement Courses</b> 1.00 extra grade point
Pre-Calculus	AP English III
College Algebra DC	AP English IV
Art III	AP US History
Anatomy & Physiology	AP Psychology
Chemistry II	AP World History
Spanish III, IV, V	AP Calculus
Adv. Comp. Debate	AP Biology
	AP Computer Science A
	AP Computer Science Principles
Advanced Concert Band	AP Physics
	AP Art IV
	AP Cybersecurity
	AP Stats
Adv Irish Fusion Band	
Advanced Concert Choir	
Advanced Irish Singers	
Accounting II, III	
Marketing II, III	
Adv. Chem I	

## **Springfield Catholic High School Graduation Requirements**

<b>Subject</b>	<b>Credits</b>
Theology	4.00
English	4.00
Social Studies	3.50
Government	0.50
Math	4.00

Science	3.00
Spanish	2.00
Debate	0.50
Physical Education	1.00
Health	0.50
Personal Finance	0.50
Fine Arts	1.00
Multimedia	0.50
Electives	7.00
<b>Total</b>	<b>32.00</b>

## College Prep Recommendation

Subject	Credits
Theology	4.00
English	4.00
Social Studies	3.50
Government	0.50
Math	4.00
Science	4.00
Foreign Language	2-4
Public Speaking	0.50
Physical Education	1.00
Health	0.50
Personal Finance	0.50
Fine Arts	1.00
Computer Science	0.50
Electives	4-6
<b>Total</b>	<b>30.00+</b>

## COLLEGE ATHLETICS INFORMATION

### Year by Year Plan

#### **Grade 9**

- Start Planning – Take the right courses and earn the best grades you can.
- Ask your counselor or visit [eligibilitycenter.org](http://eligibilitycenter.org) for a list of core courses.

#### **Grade 10**

- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org)
- Continue to take core approved courses.

## **Grade 11**

- Check-in with your counselor to make sure you are on track.
- Take the ACT or SAT and make sure to submit your scores.

Code: NCAA 9999

NAIA 9876

(If you do not there is an extra cost to have them sent later)

## **Grade 12**

- Take the ACT or SAT again, if necessary, and make sure to send your scores.
- After graduation - request your final transcript to be uploaded to NCAA

## **Eligibility**

### **NCAA Division I and II Initial-Eligibility Requirements:**

- Division I and Division II Core Courses: 16 core courses in high school are required for any student entering a DI or DII college or university. 10 of the core courses must be completed by the seventh semester of high school. Seven of the 10 core courses must be in English, Math, and Natural/Physical Science.

### **NCAA Division I Eligibility**

- 16 Core Courses
- 2.3 GPA (in core courses)

### **NCAA Division II Eligibility**

- 16 Core Courses
- 2.2 GPA (core courses)

### **NAIA Eligibility - Meet two of the three following requirements**

- 2.0 GPA
- Graduate in the top half of your high school class
- ACT/SAT score requirement

For More Information: NCAA: [www.eligibilitycenter.com](http://www.eligibilitycenter.com)

NAIA: [www.playnaia.org](http://www.playnaia.org)

## **Theology**

**H0106 Theology 1**

**1.0 Credit Grade 9**

**The Revelation of Christ in Scripture - Semester 1**

Students will learn and appreciate Sacred Scripture from the Old Testament to the New Covenant in Christ and the early Church. It includes a special focus on the Gospels, where students will meet Jesus Christ and develop a deeper faith in Him. Students will be led to deeply understand the life and teachings of Jesus Christ, the living Word of God. They'll learn who He is and what he calls each of them to be.



Continuing the USCCB's curriculum framework, this course presents the moral precepts of the Catholic Faith. With particular emphasis on the third section of the Catechism of the Catholic Church and Veritatis Splendor. The students will investigate the Church's moral teaching and ways to apply it to the Christian life in the Catholic tradition, especially in our current culture. Students face countless choices and challenges in their daily lives. This course addresses how a relationship with Christ and the Church can lead to choices that align with God's plan. The students will learn that God's laws are the means human nature requires to fulfill our innate desire for happiness and ultimately lead us to Heaven. In addition, Morality will be explored through the lens of Pope St. John Paul II's Theology of the Body.

**H0405 Theology IV**

**1.0**

**Grade 12**

### **Catholic Social Teachings - Semester 1**

Continuing the United States Conference of Catholic Bishops' curriculum framework, this course will challenge students to apply the message of Jesus and His Church to the struggles for justice and peace taking place today. Students will explore ways to do works of mercy and social action in line with the 7 Principles of Catholic Social Teaching identified by the USCCB in their document, Sharing Catholic Social Teaching: Challenges and Directions, A Reflection of the US Bishops. In addition, this course will look at social justice through the lens of Pope St. John Paul II's Theology of the Body.

### **Vocations - Semester 2**

Continuing the USCCB's curriculum framework, this course will challenge students to explore the blessings and challenges associated with each Christian Lifestyle. The course will present basic information about consecrated religious life, ordained life, and marriage. Our universal call to holiness will be discussed. There will be a particular emphasis on the sacraments of Matrimony and Holy Orders. In addition, this course will look at Christian Lifestyles through the lens of Pope St. John Paul II's Theology of the Body.

**H0308 Apologetics**

**0.50 Credit**

**Grade 10-12**

**Why do we believe what we believe? Can faith and reason coexist? What happens when we die? These are questions we all ask, yet often avoid—either because they seem too difficult to answer or because we fear there may be no answer at all. But sooner or later, we all have to confront them. As we grow older, move away from home, and encounter new perspectives, we must decide for ourselves what we believe and why.**

**This course is for anyone—whether you are confident in your faith, questioning what you believe, or simply searching for answers. Together, we will explore the intellectual foundations of Christianity, engaging with topics like the existence of God, the problem of evil, the reliability of the Bible, and the legitimacy of Jesus' resurrection. Through logic, philosophy, and Scripture, students will critically examine these questions, gaining the tools to think deeply about their beliefs and wrestle honestly with the truth.**

**H0107 Discernment of Spirits: Setting Captives Free .50 Credit****Grade 11-12**

Are angels and demons actually real? If so, what kind of powers do they have? Do they have the ability either to positively or negatively influence our decisions and lives? This course will explore the life and teachings of St. Ignatius of Loyola with the primary emphasis being on the close examination of the Fourteen Rules of Discernment that he left us. More specifically, this course will equip you to distinguish between the movements of spiritual consolation that come from what Ignatius calls the Good Spirit, and the movements of spiritual desolation that come from the Enemy of Human Nature and how to respond to each. Furthermore, you will learn what St. Ignatius says to never do during a time of Spiritual Desolation. The course will draw largely from the writings and instruction of Fr. Timothy Gallagher, OMV.\* Fr. Gallagher received his doctorate from the Gregorian University in Rome and is an international speaker and author of several books on Ignatian prayer and meditation, and has given lectures and retreats on the Spiritual Exercises of St. Ignatius for several decades. He currently holds the St. Ignatius Chair for Spiritual Formation at St. John Vianney Theological Seminary in Denver, Colorado.

\*Fr. Gallagher was my first spiritual director

**H0206 Lives of the Saints: (Martyrs and Incorruptibles, too!) .50 Credits Grade 11-12**

Have you ever wondered how the saints became such heroic and joy-filled people? It's easy to think that they must have somehow been born this way and never had to deal with peer pressure, personal failures, dysfunctional families, and all the rest, right? The truth is that very few saints began well in the spiritual life, but they all ended well. This course will explore the inspiring lives of sixteen saints who overcame great odds in surrendering to God and reaching the heights of sanctity. Spanning from the apostolic and Patristic era to modern times, you will have the opportunity to follow the humble beginnings of such holy people as John the apostle, Ignatius of Antioch, Benedict, Augustine of Hippo, Thomas Aquinas, John of the Cross, Teresa of Avila, Jean Vianney, Louis De Montfort, Bernadette Soubireaux, Therese of Lisieux, Michael McGivney, Maximilian Kolbe, Gianna Molla, Padre Pio, John Paul II, Chiara Bodano, Carlo Acutis and others. The truth is that many of the saints were just like us, enjoying sports, drama, reading, hiking, video games, and other activities, but they accepted the adventurous invitation to root their lives more deeply in Christ and to experience the joy of serving him in the people and the world around them.

**H0310 Eucharistic Miracles of the World****.50 Credit****Grade 11-12**

Have you ever felt plagued by doubt that the tiny white host you receive at Mass is truly and substantially the body, blood, soul, and divinity of Jesus Christ? You're not alone. In fact, when Jesus first announced His plan for the Holy Eucharist in the sixth chapter of John's gospel, John tells us that "many followers left him that day because they found his teaching hard to take." How did Jesus react to losing so many followers that day? Wasn't he speaking symbolically or metaphorically? What does the Church teach about the Eucharist today? Has anyone ever actually seen the bread and wine used at Mass turn into flesh and blood? If so, how do we know it's not some kind of an elaborate hoax or scam? Wouldn't the new species have to be studied and verified by some of the most respected scientists in the world? Explore the very satisfying answers to these questions and more in Eucharistic Miracles of the World.

## **H0311 Paul the Apostle**

**.50 Credit**

**Grade 10-12**

Without Paul, we would have little understanding of what Jesus' death and resurrection actually mean for us. Paul is the bridge between Christ and Christian theology—his letters shape everything we know about salvation, grace, faith, and what it means to be made new in Christ. Yet, despite writing more books in the New Testament than anyone else, Paul is often overlooked, his teachings misunderstood or ignored.

This course will explore why Paul is the most important Christian thinker in history. From persecuting and killing Christians to becoming the Church's greatest missionary, Paul's life and letters define the Christian faith. We will dive into his apocalyptic worldview, his teachings on flesh and spirit, and his radical claim that we are "freed from sin" (Romans 6:18). Through his writings, we will uncover how Paul's message continues to shape Christianity—and why understanding him is essential for understanding our own faith.

## **H0208 Missions and Discipleships**

**1.0**

**Grade 11-12**

*Teacher recommendations needed*

**The purpose of this course is to empower students to be missionary disciples wherever they are called by developing spiritual leadership skills. Students will learn what it means to be a disciple of Christ, explore their personal giftings, and learn ways they can spread the Gospel in their own way. They will also work together as a mission team by planning and implementing hands-on ministry opportunities that serve the school and local community. Students will be trained in personal spirituality, discipleship, and evangelization. This course is open to juniors and seniors and requires an application.**

## **H0207 Bible Study**

**Semester**

**.5**

**Grade 10-12**

Have you ever tried to read the Bible on your own, and then realized how difficult it is to understand and follow along? In this class, students will learn how to read the Bible on their own by learning exegesis, historical context, cultural backgrounds, and more. Students will also learn what the Bible really says and differentiate it between what society *says* the Bible says. This class will be student-led where students will pick what books or passages in the Bible to read that they have always wanted to learn but struggled to read on their own. We will read them together as a class and have class discussion in a seminar-level format.

## **English**

### **H1100 English I**

**Year**

**1 Credit**

**Grade 9**

English I focuses upon a variety of literary genres – poetry, short story, essays and the novel. This class develops students' abilities to better understand literature along with a recognition of the cultural influences on the artist and ultimately the work of art. The initial unit recognizes modern music as literature (poetry) Students also work to improve reading, grammar, and vocabulary skills. Students will read novels such as: *The Little Prince*, *To Kill a Mockingbird*, *Dandelion Wine (excerpts)*, *Romeo and Juliet*, *The Secret Life of Bees* and *The Catcher in the Rye*. The essence of Freshman English is to expand students' perspectives through literature while creating a unique classroom experience.

**H1200 English II****Year****1 Credit****Grade 10**

This course studies American Literature. Students will explore the historical context, literary technique, and modern implications of a variety of novels, short stories, poems, and plays. A strong emphasis is placed on the writing process and critical thinking strategies.

**H1300 English III****Year****1 Credit****Grade 11**

This course introduces students to the historical, literary significance of Britain. Students will explore multiple genres, including: the epic, drama, poetry, short story, novel, and nonfiction. Students will learn analytical skills needed to read a variety of texts and how to transpose that evidence to support their writing. Students will compose a variety of texts, such as creative nonfiction, research-based essays, and fiction in order to enhance the writing process in its various stages.

**H1306 AP English III (Literature & Comp.) (wg)****Year****1 Credit****Grade 11**

*Prerequisites: Faculty approval; see AP Policy, page 3.*

This course is a college-level course. English III AP students read, study, and write about both British and American Literature. Students closely read and critically assess poems, short stories, novels, plays, etc., learn the literary concepts applicable to specific genres, and critically apply these concepts in well-constructed essays. This class emphasizes both critical reading skills and effective writing skills. At the end of the year students have the opportunity to take the AP Literature and Composition test. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam.*

**H1400 English IV Intro to Composition****Year****1 Credit****Grade 12**

This course introduces students to the writing process. There are many steps a writer goes through when producing a text, including pre-writing (or gathering and organizing ideas and thoughts), writing, revising, and editing, and we will discuss these steps in this course. In discovering writing as a process, students will learn the reading and writing strategies and processes that work best for their individual needs. The emphasis here is on attention to the topics. Students produce a variety of writing and research projects that help prepare them for success in college and become a critical and thoughtful writer which is essential for success in college and life beyond high school. The focus will be on numerous essays and non-fiction work during the course throughout the year that address current issues in our country and around the world. Students will be asking questions and searching for some answers or at least further understanding of issues that concern us as human beings in this ever-changing world. To answer or address these issues, students will discuss, read, and write about race, class, crime, violence, poverty, education, family, and faith.

**H1406 AP English IV (Language & Composition) (wg)****Year****1 Credit****Grade 12**

*Prerequisites: Successful completion of AP English III and faculty approval; see AP Policy, page 3.*

**Semester 1** -This course doubles as a Dual Credit Writing I, ENG 110 (Writing I) class with Missouri State University. Its guidelines thus follow the prerequisites established by the English Department at MSU. Students will learn how to research and write essays based within a variety of contexts-- personal narrative, causal, descriptive, position, etc. Students also compile a portfolio at the end of the semester. Students who register for and successfully complete ENG 110 will earn 3 hours of college credit with MSU.

**Semester 2** -This course doubles as a Dual Credit Writing II, ENG 210 (Writing II: Writing Across the Disciplines) class with Missouri State University. Its guidelines thus follow the prerequisites established by the English Department at MSU. Students will expand upon the skills learned in Writing I. They will learn to proficiently read,

research, and

write within a variety of disciplines. Students who register for and successfully complete ENG 210 will earn three hours of college credit with MSU. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam.*

## Communication Arts

### **H1502 Fundamentals of Communication**                      **Semester 0.5 Credit**                      **Grade 9-12**

This course focuses on developing necessary skills for verbal communication. The class will utilize speeches, debates, and games to develop these core skills. The purpose of the class is to advance skills in research, questioning/interviewing, note taking, effective speaking, argumentation, persuasion, and all around an enhancement of critical thinking skills. This class will prioritize in class activities and student interaction to show understanding of objectives.

### **H1514 Competitive Speech & Debate**                      **Year**                      **1 Credit**                      **Grade 10-12**

*Prerequisite: Successful completion of Debate and faculty approval.*

This course focuses on developing the necessary skills to successfully compete in interscholastic debate tournaments. Students will further develop skills of research, argumentation, refutation, cross-examination, and logic. Emphasis is placed on Public Forum Debate, Lincoln Douglas Debate, and Policy Debate. Students will be required to compete in interscholastic debate tournaments each semester.

### **H1516 Adv. Comp. Speech & Debate (wg) Dual Credit** **Year 1 Credit**                      **Grade 11-12**

*Prerequisite: Successful completion of one year of Competitive Speech & Debate.*

This course focuses on developing the necessary skills to successfully compete in interscholastic debate tournaments. Students will further develop skills of research, argumentation, refutation, cross-examination, and logic. Emphasis is placed on Public Forum Debate, Lincoln Douglas Debate, and Policy Debate. Students will be required to compete in interscholastic debate tournaments each semester. *COM 120- Fundamentals of Debate (MSU)*

## Language Arts

*NOTE: Language arts courses do not take the place or fulfill the graduation requirements for English courses.*

### **H1630 Mythology**                      **Semester 0.5 Credit**                      **Grade 10-12**

This course compares the ancient myths of Greece, Rome, Northern Europe, the Middle East and America. Readings are taken from ancient sources and modern interpretation. Lectures, discussion, and writing projects will deal with major deities and heroes, the ancient mystery religions and creation epics, with emphasis on cultural backgrounds, common structures of myth, and methods of interpretation.

**H1670 Young Adult Literature****Semester 0.5 Credit Grade 10-12***NOTE: Recommended for second semester sophomores, juniors, and seniors.*

This course explores the increasingly popular and momentous literary movement, young adult fiction. Through an exploration of literary genres, ranging from realistic fiction to fantasy, students will easily relate to characters who are also attempting to navigate life as a teenager, among other things. An emphasis will be placed on a discussion of genres, character development, themes, and other literary devices.

**H1685 American Film****Semester 0.5 Credit Grade 11-12**

This course traces the influences of film from Citizen Kane to modern films. Students will research films prior to viewing the films and write film reviews upon completion of the film. This is a research and writing intensive class recommended for juniors and seniors.

**H 1686 Birds and Words****Semester 0.5 Credit Grade 11-12**

This course is a genre specific creative writing class. Students will be encouraged to explore the world around them both inside the classroom and out. Not only will students be immersed in the joys of birding through bird identification, exploration, and field work, but they will read, critique, and compose original poetry, essays, short fiction, and creative non-fiction writing pieces that utilize their surrounding environment. Students will examine the works of published writers and artists, as well as peers, to discover, expand, and refine their own skills, voice, and repertoire. Students will also learn the value of being still and recognizing the beauty that God has created. Required course supplies include a journal/observation notebook, colored pencils and/or makers, a jacket or sweatshirt on cool days, individual student transportation for field trips when needed, and a great attitude.

**H1687 Sports in American Culture****Semester 0.5 Credit Grade 11-12**

This class is taught by Mr. Russo a 17 year veteran of sports media (radio, television and print), a high school cross country coach for 24 years, former owner and editor of two tabloids (The Trying Tymes and Russo's Sports Journal). The class will focus upon the impact of sports, at all levels, on American culture; students will read excerpts and essays from noted sports journalists along with watching significant sports related documentaries. Students will research the evolution of SportsWorld and discuss their perspective on their culture of phenomenon-students will share their vision during class discussion and in a written format.

**H1696 Women in Literature****Semester 0.5 Credit Grade 11-12**

This class will discuss how the unique experiences of women influence their writings and analyze representations of women in literature. Through discussion and writing activities, students analyze literature by women from different cultures and periods.

**H1697 Sci-Fi****Semester 0.5 Credit Grade 11-12**

This course will read, discuss, and analyze a variety of science fiction selections. Students enhance literacy skills through a variety of writing activities, researching and presenting.

## Social Studies

### H2100 World Geography

Semester

0.5 Credit Grade 9

This course is a survey of the world's geographical regions, focusing on the location of the earth's major physical features as well as culture, population, current political conflicts and human-environmental interaction.

### H2225 World History

Year

1 Credit Grade 10

This course will focus on the major developmental periods of Western Civilization: prehistoric/tribal cultures, the ancient cultures of Egypt, Greece and Rome, the Judeo/Christian era, the Middle Ages, the Renaissance, the Age of Enlightenment, the Age of Romanticism, the 20th Century.

### H2250 AP World History (wg)

Year

1 Credit Grade 10

*Prerequisites: Faculty approval. See AP Policy, page 3.*

This college-level course is structured around historical thinking skills and key concepts and themes from world history, beginning around 8000 B.C.E. to the present, and will prepare students to take the AP World History Examination. The course is divided into five major themes: 1) interaction between humans and the environment, 2) development and interaction of cultures, 3) state-building, expansion and conflict, 4) creation, expansion and interaction of economic systems, and 5) development and transformation of social structure. Students will rely on their world geography skills from freshman year to be successful in the course. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam. Students taking AP World History are strongly encouraged to consider taking the AP test in the spring.*

### H2300 United States History

Year

1 Credit Grade 11

This course is a study of the chronology of American history, objectively emphasizing social, economic and political developments that have shaped the United States and its people. Additional research includes an examination of the ideological and philosophical aspects of the American experience.

### H2306 AP United States History (wg)

Year

1 Credit Grade 11

*Prerequisite: Faculty approval. See AP Policy, page 3.*

This course is a reading and writing intensive course designed to provide students with the analytical skills and factual knowledge necessary to deal critically with the problems in American history as well as prepare for the Advanced Placement Exam. The course will look at different themes in the history of the United States ranging from the settlement of diverse groups of people, interactions between those groups, the creation of a new government for an American republic, the impact of social movements, and many others. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam. Students taking AP United States History are strongly encouraged to consider taking the AP exam.*

### H2150 Government

Semester

0.5 Credit Grade 12

*NOTE: A passing grade on the Constitution test is required for graduation.*

This course is designed to give students an understanding of the structure and purpose of Missouri and the federal government, the foundations of American democracy, and the role of the United States in world affairs. Students will study how the actions, issues, and policy decisions facing the United States government, its states and the people have evolved over time. During this class, students will also learn about their rights and responsibilities as U.S. and Missouri citizens and how individuals can participate in state and federal government as informed citizens.

**H2407 Psychology** **Year** **1 Credit** **Grade 11-12**

This course is designed to provide students with a basic view of psychology as well as its origins and applications, with major emphasis on human development and behaviors. The second half of the course presents a survey of the study of behaviors and psychopathology. Students will learn about the range and classification of behaviors and theories of etiology and be introduced to several modalities of treatment.

**H2411 AP Psychology (wg)** **Year** **1 Credit** **Grade 11-12**

*Prerequisite: Faculty approval. See AP Policy, page 3.*

This course is designed to mirror an entry level college course, and prepare students to take the AP Psychology Examination. It will introduce students to the systematic and scientific study of the psychological facts, principles, and phenomena associated with each of the major subfields within psychology. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam.*

**H2417 Logic and Philosophy I** **Semester** **0.5 Credit** **Grade 10-12**

This course will introduce students to the basic principles of philosophical and logical reasoning. Students will be learning the basics of logic, logical thought, forming logical statements, and forming logical arguments. Students will then move through several schools of philosophy from around the world and different eras, including Ancient Philosophy (Greek & Eastern), Early European (Medieval & Renaissance), Enlightenment (Pre-Enlightenment & Post-Enlightenment), and Modern (Contemporary Issues). Students will analyze the philosophers and some of their works, and discuss the meaning of the philosophies in class, have in class discussions, speakers, etc.

**H2418 Logic and Philosophy II** **Semester** **0.5 Credit** **Grade 10-12**

*Prerequisite: Successful completion of Logic and Philosophy I*

In this course, students will extend their knowledge of philosophy and focus on some of the key questions in philosophy, such as the nature of truth, ethics, and knowledge. This course entails independent research, intensive discussions, and lengthy papers.

**H2420 Economics** **Semester** **0.5 Credit** **Grade 11-12**

This course will give the students a greater understanding of economics ranging from the viewpoint of the individual consumer or small business owner to the global economy. The course will study the law of supply and demand, forms of business, labor unions, governments finances and influence on the economy, money and prices, inflation and deflation cycles. The course relates history and politics to the study of economics.

**H2425 Sociology** **Semester** **0.5 Credit** **Grade 10-12**

This course is a social science that deals with human relationships. Attention is given to how one relates to others and how one's individual behavior is influenced by other people. Areas of study include: The Scientific Method as applied to the social sciences, culture, cultural change, conformity, deviance, personality formation, social groups, social stratification, minorities and social institutions.

**H2430 Christian Leadership****Year****1.0 Credit Grade 12**

*Prerequisite: Reserved for senior students who hold a leadership position in the House.* This course takes a hands-on approach to helping students learn more about personal leadership styles, teamwork, ethics, group dynamics and inclusive leadership. Other experiences will include community service, projects and team building activities. Students will be leading the school during House Time.

**H2440 Contemporary Issues****Semester****0.5 Credit Grade 9**

This course will focus on major events that occur, where they occur, and their impact on the world today. Concentrated efforts will be in areas of social studies, news, understanding people, places, environment, and global connections. Analyzing, discussing, debating, and researching will be used to accomplish understanding of the events.

**H2445 Ancient World History****Semester 0.5 Credit****Grade 10-12**

This is a survey course that will analyze ancient civilizations beginning with the Sumerians from 4000 BC and ending with the fall of the Ancient Roman Empire in 400 CE.

**Mathematics**

*NOTE: Students are not allowed to test out of mathematics courses.*

*Students are required to take a math class all four years at SCHS.*

*Math Placement test for incoming students will be required for placement and for students who have already taken high school Algebra I from their elementary schools will need to take the 2nd semester Algebra I test.*

*Students choosing to enroll in two concurrent mathematics courses as a freshman or sophomore must score a 93% or higher each semester in Algebra I to be eligible.*

*Incoming freshman students may be placed in geometry as a freshman if an Algebra I course is completed with a 93% or higher prior to freshman year and students pass our Algebra I final with an A or B.*

**H3000 PreAlgebra****Year****1 Credit****Grade 9**

Students in this course study the basic elements of Algebra. Topics are covered at a deliberate pace and include using variables in single and multi-step equations; using positive and negative numbers; manipulating and factoring polynomials; using fractions in equations, solving word problems using variables, and other topics as needed. **This class is a class before Algebra 1, not in place of Algebra 1.**

**H3100 Algebra I****Year****1 Credit****Grade 9**

This course will study number relationships. Variables will be introduced and used to write equations. The students will learn to solve and graph equations to demonstrate patterns and relationships among numbers. This knowledge of equations will be used to solve problems from real-life situations.

### **H3105 Algebra I AB**

**Year**

**Grade 9**

This reinforces number relationships. Variables will be introduced and used to write equations. The students will learn to solve and graph equations to demonstrate patterns and relationships among numbers. This knowledge of equations will be used to solve problems from real-life situations. The same book is used as in Algebra I. This is a math course that meets on the B day following the A day Algebra I course.

### **H3200 Geometry**

**Year**

**1 Credit**

**Grade 10**

*Prerequisite: Successful completion of an Algebra I course.*

This course introduces students to Euclidean geometric terms and concepts. Students will learn to apply terms, postulates, corollaries, and theorems to solve problems and do proofs. The class will cover topics including parallelism, triangle properties, area, volume, circles, polygons, similarity, and coordinate geometry.

### **H3210 Geometry AB**

**Year**

**Grade 10**

*Prerequisite: Successful completion of an Algebra I course.*

This course reinforces Euclidean geometric terms and concepts. Students will learn to apply terms, postulates, corollaries, and theorems to solve problems and do proofs. The class will cover topics including parallelism, triangle properties, area, volume, circles, polygons, similarity, and coordinate geometry. The same book is used as in Geometry. This is a math course that meets on the B day following the A day geometry course.

### **H3300 Algebra II**

**Year**

**1 Credit**

**Grade 10-11**

*Prerequisite: Successful completion of both an Algebra I course and Geometry course or be concurrently enrolled in Geometry.*

This course starts with a continuation of concepts studied in Algebra I. Students will be challenged by new concepts that require graphing skills, function analysis, solving higher order equations, complex numbers, series and sequences, and problem solving applications.

### **H3302 Algebra II AB**

**Year**

**Grade 11**

*Prerequisite: Successful completion of both an Algebra I course and Geometry course.*

This course reinforces the continuation of concepts studied in Algebra I. Students will be challenged by new concepts that require graphing skills, function analysis, solving higher order equations, complex numbers, series and sequences, and problem solving applications. The same book is used as in Algebra II. This is a math course that meets on the B day following the A day Algebra II course.

### **H3351 College Algebra**

**Year**

**1 Credit**

**Grade 11-12**

*Prerequisite: Successful completion of an Algebra II course.*

This course begins with a review of polynomials, exponents, and radicals. This is followed by a study of equations and inequalities, lines, transformations, composite functions, inverse functions, polynomial functions, rational functions, exponential and logarithmic functions, and systems of equations and inequalities.







**H4551 Forensics** Semester 0.5 Credit Grade 11-12

*Prerequisite: Successful completion or concurrent enrollment in a biology course.*

This course is the application of basic biological, chemical, and physical science principles and technological practices to study criminal and civil issues. It will cover pathology, anthropology, ballistics, trace evidence, biological fluids, DNA, and fingerprints. This is a laboratory and project based class in which students will become investigators and apply the process of science to real-life scenarios.

**H4552 Forensics II:** Semester 0.5 Credit Grade 11-12

*Prerequisite: Successful completion or concurrent enrollment in a biology course.*

Similarly to Forensics 1, students will learn the basic scientific principles, laboratory techniques, and reasoning skills used to solve crime. Topics to be explored include toxicology, death investigation, autopsies, entomology, and anthropology. This class is primarily made up of class activities and project-based learning. It is recommended, but not required, to take Forensics 1 before Forensics 2.

**H4556 Science Olympiad** Semester 0.5 Credit Grade 9-12

*Prerequisite: Needs to be on the science olympiad team*

Science Olympiad is an international non-profit organization devoted to improving the quality of science education, increasing student interest in science and providing recognition for outstanding achievement in science education by both students and teachers. This will be in the 2nd semester and will conclude with a variety of science olympiad contests.

## Foreign Language

**Spanish I & II are required for graduation**

**H5110 Spanish I** Year 1 Credit Grade 9 -12

This course introduces students to the Spanish language and provides opportunities for communication in real-life situations through speaking, reading, writing and listening. Knowledge about the various Spanish-speaking cultures is also learned.

**H5120 Spanish II** Year 1 Credit Grade 10-12

This course builds on the knowledge learned in Spanish 1, with more of an emphasis on grammar and speaking skills. Class will be conducted mostly in Spanish. Students will be expected to participate in the language, complete grammar exercises as homework, and supplemental materials for class.

**H5131 Spanish III (wg)** Year 1 Credit Grade 11-12

This course builds on the knowledge learned in Spanish II, with more of an emphasis on grammar and speaking skills. The classroom environment is focused on speaking, reading, and writing.

**H5140 Spanish IV (wg)** Year 1 Credit Grade 12

This course is an extensive language course that provides the students with a learning experience equivalent to that of a first year college course in Spanish. The students are expected to use Spanish to address each other in class discussions, oral presentations, and written assignments. The class will focus on reading, writing, speaking, and listening in Spanish.

## **Health and Physical Education**

### **H6104 Girls Health**

**Semester 0.5 Credit Grade 9**

This course is the study of the human body, its habits and stresses as well as interrelated factors which high school students face today. Emphasis is placed on making mature value judgments concerning the individual's own health. Current health issues are also studied. Thirty minutes of cardiopulmonary resuscitation instruction and training in the proper performance of the Heimlich maneuver or other first aid for choking will be taught.

### **H6106 Boys Health**

**Semester 0.5 Credit Grade 9**

This course is the study of the human body, its habits and stresses as well as interrelated factors which high school students face today. Emphasis is placed on making mature value judgments concerning the individual's own health. Current health issues are also studied. Thirty minutes of cardiopulmonary resuscitation instruction and training in the proper performance of the Heimlich maneuver or other first aid for choking will be taught.

### **H6204 Girls Physical Education**

**Semester 0.5 Credit Grade 9**

This course covers a wide range of fitness, individual, and team activities. Students will be required to actively participate and gain cognitive information concerning rules, regulations, and history of activities.

### **H6206 Boys Physical Education**

**Semester 0.5 Credit Grade 9**

This course covers a wide range of fitness, individual, and team activities. Students will be required to actively participate and gain cognitive information concerning rules, regulations, and history of activities.

### **H6215 Individual and Dual Sports**

**Semester 0.5 Credit Grade 10-12**

This course will develop recreational skills that can carry over to lifetime activities. The student will learn rules, strategies, and proper safety procedures for equipment used in those sports and activities studied. The student will actively participate in and show proficiency in skills and knowledge in individual and dual activities and sports which may include, but not limited to golf, badminton, table tennis, rhythms, aerobic exercise, pickleball, archery, etc.

### **H6230 Total Body Fitness**

**Semester 0.5 Credit Grade 9-12**

This course is designed to provide each student with the knowledge needed to understand the importance of strength and fitness training. The student will improve their muscular strength and endurance through weight training exercises, dynamic warm up, flexibility exercises, plyometric exercises and cardiovascular activities through speed and agility training. Students will set goals for personal improvement and achievement and will leave class a better fit person for any desired physical activity. It is our goal to give knowledge and motivation for each student to achieve lifetime personal fitness.

### **H6231 Introduction to Weights For Girls**

**Semester 0.5 Credit Grade 10-12**

This course is designed to provide each female student with the knowledge needed to understand the importance of strength and fitness training. The student will improve their muscular strength and endurance through weight training

exercises, dynamic warm up, flexibility exercises, plyometric exercises and cardiovascular activities through speed and agility training. Students will set goals for personal improvement and achievement and will leave class a better fit person for any desired physical activity. It is our goal to give knowledge and motivation for each student to achieve lifetime personal fitness.

### **H6275 Adventure Education**

**Semester 0.5 Credit Grade 11-12**

*Prerequisite: .5 credit of physical education.*

This course will allow students to learn and/or participate in a variety of outdoor activities common in our native Ozark region. Students will participate in water safety and hunter safety certification programs, and archery.

## **Fine Arts**

### **H7110 Art I**

**Year 1 Credit Grade 9-12**

This course is a studio class that introduces the student to the elements and principles of design. Students experiment with a variety of media to produce projects in the four basic categories of drawing, painting, collage, and sculpture.

### **H7120 Art II**

**Year 1 Credit Grade 10-12**

*Prerequisite: Art I*

This course combines studio projects in drawing, painting, collage, and sculpture with an interdisciplinary study of art styles in ANCIENT art history and architecture.

### **H7132 Art III (wg)**

**Year 1 Credit Grade 11-12**

*Prerequisite: Faculty approval required.*

This course combines studio projects in drawing, painting, collage, and sculpture with a multi-cultural study of art styles in MODERN art history and architecture.

### **H7142 AP Art IV (wg) (2D, 3D and Drawing)**

**Year 1 Credit Grade 12**

*Prerequisite: Faculty approval required. Art 1-3 are prerequisites*

This course is an individualized program of study consisting of a variety of portfolio projects focusing on principles of design, including printmaking, advertising, calligraphy, image manipulation, and photomontage. 2D, 3D and Drawing will be offered. Portfolios will be submitted to the College Board in May. Art 1-3 are prerequisites to AP Art IV.

### **H7204 Irish Fusion**

**Year 1 Credit Grade 10-12**

*Prerequisite: Faculty approval required.*

This course is available to students who play instruments including, but not limited to, guitar, bass, piano, drums, and vocals. Students must be proficient on their selected instrument. It develops technical and musical skills in the various popular styles of music from the last 100 years. Irish Fusion performs at select high school basketball games in addition to their appearance at the fall/spring band concert. The group also may be asked to play at various other events including pep assemblies and parades. Members have the opportunity to audition for District Honor Jazz Band





## H8119 Introduction to Excel

Semester 0.5 Credit

Grades 11-12

This course aims to provide you with a foundation for Excel knowledge and skills.

Upon successful completion of this course, you will be able to create and develop Excel worksheets and workbooks in order to work with and analyze data.

- Perform calculations.
- Modify a worksheet.
- Format a worksheet.
- Print workbooks.
- Manage workbooks.
- Work with functions.
- Work with lists.
- Analyze data.
- Visualize data with charts.
- Use PivotTables and PivotCharts.
- Work with multiple worksheets and workbooks.
- Use Lookup functions and formula auditing.
- Share and protect workbooks.
- Automate workbook functionality.
- Create sparklines and map data.
- Forecast data.

## H8128 AP Computer Science Principles (wg)

Year

1 Credit

Grade 10-12

*Prerequisite: Completion of Algebra I with an 80% or higher and faculty approval.*

This course introduces students to computer science concepts such as computer architecture, networks, and the Internet. Students use object-oriented programming, Python language, event-driven processes, modular computer programming, and data manipulation algorithms to produce finished software programs. They use the design process to create many programs by determining specifications, designing the software, and testing and improving the product until it meets the specifications. By the end of this course, students will have a solid foundation for further study in computer science. ***To stay consistent with the mission of the College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam.***

## H8130 AP Computer Science A (wg)

1.0 Credit Grade 11-12

*Prerequisite: Successful completion of AP Computer Science Principles and completion of or concurrent with Algebra II.*

This course is an introduction to the theory and practice of computer programming, the emphasis of this course is on techniques of program development within the object-oriented paradigm. Topics include control structures, objects, classes, inheritance, simple data structures, arrays, and basic concepts of software development. Students will be

using Java as the basis for learning computer programming. Students will also be programming prebuilt robots to experiment with programming language to see how the language works. *To stay consistent with the mission of College Board in preparing students for college success and opportunity, students enrolled in this AP course are required to take the class final in both the fall and spring semester and have the option of taking the AP exam.*

### **H8133 AP Cybersecurity (wg)**

**1.0 Credit Grade 11-12**

This course is a yearlong high school course that offers a broad introduction to a field and aligns closely with a college-level, introductory cybersecurity course. Students learn about common threats and vulnerabilities and how they combine to create risk. Students study how individuals and organizations manage risk and how risk can be mitigated through a defense-in-depth strategy. Students explore specific vulnerabilities, attacks, mitigations, and detection measures across a variety of domains including physical spaces, computer networks, devices, and data and applications. Throughout the course, students consider the impact of cybersecurity on individuals, organizations, societies, and governments.

### **H8135 Personal Finance**

**Semester 0.5 Credit Grade 11-12**

***NOTE: Successful completion of Personal Finance is required for graduation***

This course serves as a basic introduction to managing personal finances. Emphasis will be placed on four major areas including income/career choices, money management, spending and credit, and savings/investing. The goal of this class is to prepare students to learn the importance of sound money management as they enter the work environment as both producers and consumers. 3 free credit hours are available through OTC if you receive at least an 80% grade at the end of the course.

### **H8145 Marketing**

**Year 1 Credit Grade 10-12**

This course includes an emphasis on marketing principles and introduces marketing careers. Topics covered include the fundamentals of marketing: (product development, pricing strategies, promotional systems, and physical distribution), human relations communications; free enterprise economics; marketing operations; e-commerce; management skills and business applications of the microcomputer. Learning activities may include role-playing, advertising layouts, promotional campaigns, and team management projects. Marketing is a co-curricular class with DECA.

### **H8256 Marketing II (wg)**

**Year 1 Credit Grade 11-12**

This course includes the strengthening of the marketing principles and marketing careers. Marketing II is a co-curricular class with DECA.

### **H8247 Marketing III (wg)**

This course includes the strengthening of the marketing principles and marketing careers. Marketing III is a co-curricular class with DECA.

### **H8150 Accounting I**

**Year 1 Credit Grade 10-12**

Accounting is designed to introduce students to accounting concepts and the Accounting Period Cycle. This class is highly recommended for students wanting to major in business, own their own business, or working in bookkeeping, personal financial management, or as an administrative assistant. Students will journalize entries, post to ledgers, and close books to prepare financial statements. Payroll and banking activities will also be covered.

Juniors and Seniors have the opportunity to receive three Free credit hours from OTC if they receive at least an 80% at the end of the year.

**H8152 Accounting II (wg)****Year****1 Credit****Grade 11-12***Prerequisites: "C" or better in Accounting I*

This course expands on the knowledge obtained from Accounting I. Students will learn departmentalized and corporate accounting procedures and continue their computer knowledge.

**H8153 Accounting III (wg)***Prerequisites: "C" or better in Accounting II*

This course expands on the knowledge obtained from both Accounting I and Accounting II. Students will expand corporate accounting knowledge procedures and managerial accounting. If time, we will explore internal controls and other organizational structures.

**H8148 Introduction to Business****Semester****.5 Credit Grade 10-12**

This course provides students with a foundational understanding of the business world and its role in today's economy. Students will explore key concepts such as entrepreneurship, marketing, finance, management, and business ethics. Through interactive projects, case studies, and real-world applications, learners will develop critical thinking, problem-solving, and communication skills essential for success in business and beyond.

**H8205 Teen Living****Semester****0.5 Credit Grade 10**

This course is designed to give students an opportunity to explore through various means many of the tasks of everyday life. Examples of topics covered include: selection and preparation of nutritious foods, and clothing construction and care.

**H8210 Foods I****Semester****0.5 Credit Grade 11 -12**

This course teaches students the proper use of tools and equipment, the basics of food preparation, and the importance of teamwork and safety in the kitchen.

**H8215 Foods II****Semester****0.5 Credit Grade 11-12**

This course emphasizes nutrition for healthful living. Students will learn to purchase, prepare, and serve nutritious meals. Laboratory experiences will provide students the opportunity to prepare food for formal and informal entertaining, international cuisine, and meal planning on a budget.

**H8310 Beginning Elements of Gardening****Semester****0.5 Credit Grade 11-12**

This course teaches the basics of home gardening and plant production with the addition of a greenhouse setting. Students will spend the majority of their time working in a garden or in the greenhouse learning the essentials of planting and germination techniques. Students will also learn identification of plants, pest management, garden maintenance, composting, cooking with garden produce and research issues surrounding food and society.

## Miscellaneous

*\*For MSHSAA Academic eligibility standards only.*

*Students will not receive a grade for Supervised Study.*

*NOTE: Students cannot enroll in more than one study hall period per academic day.*

### **H8801/H8802 Supervised Study** **Semester** **No credit\*** **Grades 9-12**

Academic achievement is a top priority at Springfield Catholic High School. It is the purpose of the study hall program to contribute to all students' academic performance by allowing necessary study time.

### **H8901 Study Skills** **Semester** **Grades 9-10**

Academic Success is a semester-long course designed to help students strengthen the essential skills needed to thrive in high school and beyond. Through interactive lessons, guided practice, and reflective activities, students will learn strategies that support both academic performance and personal growth. Key areas of focus include: Time Management, Note Taking, Test Preparation, Organization, Critical Thinking, Goal Setting and Executive Functioning Skills.

By the end of the course, students will gain practical tools they can immediately apply to their classes, helping them become more independent, responsible, and successful learners.

### **H9100 A+ Program** **Semester** **0.5 credit** **Grades 11-12**

This course will provide students the opportunity to accrue the required 50 tutoring/mentoring hours for the A+ program. There will be required course work as well as approved paperwork for tutoring on or off campus. This program provides scholarship funds to eligible graduates of A+ designated high schools who attend a participating public community college or vocational/technical school, or certain private two-year vocational/technical schools. If interested it is important to see Mr. Page as early as your freshman year, although students may not enroll in this course prior to junior year. Students need to be enrolled in class to receive HS credit.

### **H8250 Driver's Education** **Semester** **0.5 credit** **Grade 9-12**

This course is intended to help students recognize and describe automobile driving as primarily a mental and social activity involving the interaction of people, vehicles, and environment in a complex transportation system. Students will learn defensive driving techniques that lay the groundwork for safe driving habits. This course will also define traffic regulations and help students recognize the various situations and conditions under which they apply. Driver's Education will provide the student with a fundamental knowledge of automobiles and how to operate, care for, and maintain them.

Driving will not be part of this class.

### **H8550 Internship** **Semester** **0.5 credit** **Grade 12**

This program is designed to allow students the opportunity to attend a workplace in order to get hands-on experience. This program provides a path that helps the student learn more about a career that interests them. The student is able to choose the occupation they wish to observe.

### **H9200 OTC CAREER CENTER**

**Year 4 credits Grade 12**

This program offers students to begin their careers as they learn within the OTC Career Center. Seniors earn free college credit to become college and career ready. Qualified students can earn free college credits of career-specialized technical education programs. Plus, students participate in hands-on learning taught by local industry experts, while utilizing state-of-the-art equipment. OTC Career Center students attend one of two instructional block periods scheduled Monday through Friday. The morning period begins at 8:00 a.m. and ends at 10:30 a.m. The afternoon period begins at 12:20 p.m. and ends at 2:50 p.m. Students must apply with OTC Career Center.

### **SCHS Online H8900**

These courses will be offered for Online Dual Credit 2019-2020 with Drury University. The cost for an online course is \$270.00. It is important to check with the college(s) of interest to see how these classes transfer. Paperwork must be submitted at the beginning of the semester in the academic office. Questions?? See Academic office.